Life-Health Sciences Internship Program


lhsi.iupui.edu
Program Basics

About LHSI

- Paid, academic year internships
- Monthly community-building events
- Poster presentation event in April for interns to present work
- Complete ePDP with LHSI prompts

About Our Interns

- IUPUI undergraduate working toward first Bachelor's degree
- Enrolled full-time as a sophomore or junior during internship period
- Over 450 interns since 2007

IUPUI Life-Health Sciences Internship Program
Funding and Support

• IUPUI Commitment to Excellence funding since January 2007

• Deans support for 14-15 and 15-16 (Science, E&T, Liberal Arts, PETM, SHRS, Social Work, Public Health, Business, UCOL)

• Fall/Spring Work Initiative from Office of Student Employment for 12-13
Our Team

• Brandi Gilbert, Director
• Tia Reese, Student Services Assistant
• Intern Ambassadors
  • Macy Ballard (ePDP Focus)
  • Kyle McElyea (Student Organization Outreach Focus)
  • Lena Peters (Alumni Relations Focus)
  • Kami Walters (Senior Intern Ambassador)
• Advisory Team
Interns

Intern Schools

• Purdue School of Science
• Purdue School of Engineering and Technology
• Indiana University School of Informatics & Computing
• Indiana University School of Liberal Arts
• Indiana University School of Physical Education & Tourism Management
• Indiana University School of Public & Environmental Affairs
• Indiana University Fairbanks School of Public Health
• Indiana University School of Social Work
• Indiana University Kelley School of Business
• IUPUI University College

And Pre-Professional Interests In:
  medicine  dentistry  physical therapy  occupational therapy  pharmacy  optometry
  veterinary medicine  nursing  genetic counseling  physician assisting

IUPUI Life-Health Sciences Internship Program
Mentor/Internship Locations

IU School of Dentistry
IU School of Health & Rehabilitation Sciences
IU School of Medicine
IU Fairbanks School of Public Health

Hospitals on and near campus

Make connections outside of “home” school

IUPUI Life-Health Sciences Internship Program
Learning Goals

Through structured learning experiences, students will:
(1) demonstrate career-related or research-specific skills,
(2) explain and analyze his or her career goals, and
(3) formulate an early professional identity.
Learning Across Touchpoints- Applicants

• **Build awareness** among career professionals and academic advisors and prompt students to *engage with assistance early*

• **Communications** from program- where to find us (Sept), tips for preparation (Dec), application is open (Jan)

• **Preparation** for the application
  
  • **Information sessions** led by ambassadors with tips on applying- collaborations with career offices, Student Employment, International Affairs, Honors College, Multicultural Center, Health and Life Sciences Advising Center
  • Chance to Advance **networking event**
  • **EDGE module** on Resumes

• **Pre-interview session** to discuss interviewing and professionalism
Learning Across Touchpoints- Interns

- electronic Personal Development Plan (ePDP) prompts at the beginning and end

- **In-person meetings** cover professional communication and connecting the IUPUI Principles of Co-Curricular Learning to internship learning and the transferable skills the students will need in graduate programs and the workforce

- **EDGE module** on Making an Impression- elevator speech

- **Site visits** to start/continue conversation on professional communication and overall goals with mentor

- **Poster session** to practice scientific and general communication

- **Stay engaged** after internship
The Internships- Mentoring

“Working with research staff as well as current med students is giving me experience and one-on-one time most people would not get.”
“My mentor has set up a few interviews for me to talk with people who have careers that I am interested in, so that has helped me become a lot more reflective about how I see myself in a career!”

“I get to shadow people whose jobs I aspire to have. I get a lot of practical experience.”
The Internships- Career Goals

“My work has greatly influenced how I've felt toward my major...it has opened my eyes on multiple levels on where I want to with my career path.”
“It's working with doctors, being in the hospital, learning communication skills, and getting comfortable with new people.”

“Take advantage of every opportunity offered through the LHSI program. Every task will bring about a new skill and/or connection.”
I learned many things about myself and how I'd like to work in the future. This internship teaches you to speak and stand up for yourself and your experiences."

“LHSI has given me confidence in my own ability to contribute to the world of science.”
The Internships- Grad School

“Being around people in the my future graduate program gets my name around the building and builds experience for my resume.”
Graduation and Retention

• 276 interns across first six cohorts
  • 92% graduated or were direct admits
  • 4% still enrolled
  • 3% transferred
  • 1% not enrolled/not graduated

• 114 interns in two most recent cohorts
  • 100% persistence
  • Graduation data starting May 2016

• 73 in 2015-16
Grad/Prof School and Employment

- 254 grads/direct admits
  - 72% in graduate or professional programs
  - 20% employed in health/life sciences careers
  - 8% unknown

- 181 enrolled in graduate/professional programs
  - 63% stayed in IU system
  - 52% Professional degree
  - 39% Masters
  - 6% PhD
  - 3% MD/PhD
Scaling Up

- Applications have tripled since 2007 and quality of applications has increased
  - 59% reviewed for 2014-15
  - 84% reviewed for 2015-16
- Increased from 50-75 spots starting in 2014-15
  - In response to 66% increase in applications in one year
- Location capacity
  - grown from 31 in 07-08 to 67 for 15-16
  - 36 intern spots in 07-08 to 94 in 15-16
Replication/Adaption/Adoption

• Structure
• Details, intentionality, control matter
• Utilizing peer mentorship to reinforce message
• Some parts are time-intensive but valuable
  • Matching
  • Site visits
  • ePDP
  • One-on-one connections with faculty/staff
• Building good habits around professionalism, preparation for job search or grad school
## Contact Us

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Contact the Intern Ambassadors
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